

Positive

A uniquely pro-active approach that helps the engaged couple gain confidence and control over their future.

Comfortable

The warmth of a home setting is the best place for couples to learn.

Personal

The engaged address their unique relationship with the assistance, affection, and undivided attention of their personal mentors.

Flexible

The engaged couple and their mentors adjust their schedules with each other.

Relevant

Rich Catholic teaching communicated in language that illuminates its benefits and makes sense to modern couples.

Practical

Experiential skill building and insights into relationships combine with opportunities to put into practice what will help the relationship grow.

A PARISH PROGRAM OF CATHOLIC MARRIAGE PREPARATION

"This program was incredible! On a scale of 1-10, with 10 as the most helpful marriage preparation, we would rate this program 110!"

"In every session, I took something away that was life altering!"

"The overall impact of *Preparing to Live in Love* on our relationship was extremely positive. It was much more helpful, thought provoking, personal, practical, and relevant than traditional marriage preparation."

"This was a wonderful experience, and I was so sad when it was over. I recommend it to everyone I know."

PMRC located at

P.O. Box 2304
Southeastern, PA 19399-2304

contact us

PMRCUSA@MSN.COM
877-201-2142



Preparing to live in love

**Pastoral and Matrimonial
Renewal Center**

www.livinginlove.org

“Clear insights, *practical life skills*, and a compelling vision of the truth that we can live in love for a lifetime.”

Topics

A MISSION TO LOVE

an invitation to approach marriage as a pro-active mission to live in love; an affirmation of the gifts of masculinity and femininity as resources to help the couple embrace a life of other-centered generosity

SMART LOVING

discovering how to love the way the other wants to be loved while freeing the couple from the limitations of expectations formed primarily in their families of origin

COMMUNICATING FOR INTIMACY

learning how to build intimacy and trust while avoiding misunderstanding through feeling level communication and empathetic listening

SEX AS SACRED BODY LANGUAGE

explores love making as the ultimate body language of our wedding vows; witnesses to the total gift of self inherent in Natural Family Planning and its positive impact on relationship

SACRAMENT OF MATRIMONY

illuminating the call of the church to live a deeply sexual, passionate, intimate, and life-giving relationship as a sign and manifestation of Christ's love for the Church for the sake of those around us

FORGIVENESS AND HEALING

principles, processes, and practices for growing closer through forgiveness and healing along with strategies to combat emotional injuries from outside the relationship

BECOMING A COUPLE

developing couple values and strategies for couple decision making while planning for a lifetime of intentionally growing in love

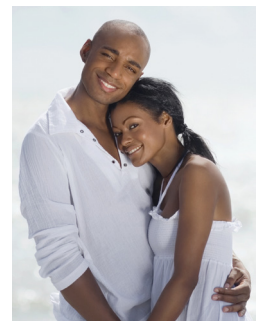


Mentoring the Engaged

is universally accepted as the best possible approach to preparing couples to marry. This program combines the benefits of a personal mentor with the insights and skills of a comprehensive marriage education course resulting in the ideal adult learning experience

Parish based mentoring

builds relationships within the parish community that continue after the wedding. The engaged are literally hugged into the church and gain a resource to return to as they succeed or struggle through the early years of adjusting to married life.



Preparing to live in love

Combines the benefits of a personal mentor with a life-changing, seven week, experiential curriculum

Integrates the latest scientific research with John Paul II's Theology of the Body

Teaches practical life skills, principles, and strategies with a uniquely positive, proactive mindset

Provides a married couple's joyful witness to life-long sacramental love

www.livinginlove.org