

SPOUSES ARE THE PERMANENT REMINDER TO THE CHURCH OF WHAT HAPPENED  
ON THE CROSS. ~ POPE ST. JOHN PAUL

# Stations FOR Spouses



WE ADORE YOU

O Christ,

AND WE PRAISE YOU.

BECAUSE BY YOUR HOLY CROSS YOU  
HAVE REDEEMED THE WORLD.



FIRST STATION

*Jesus is condemned to death.*

**Jesus comes before Pilot an innocent man. He has already been beaten, mocked and scourged, and now after a ridiculous trial, he is condemned to a criminal's death. He does not open his mouth.**

*Jesus, how often does my criticism of my spouse make him/her feel unjustly condemned? When I choose to focus on his/her weaknesses and failures, there is always a wider picture of service, generosity and thoughtful kindness that I am ignoring. Forgive me for condemning the person you gave me to love the most. Show me all of my spouse's wonderful qualities.*

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## SECOND STATION

*Jesus carries his cross*

**Jesus accepts the wood of the cross out of love for us. Each step caused him severe pain in body and soul, but he takes each one that we may be convinced of his love.**

*Jesus, when you entrusted me with my spouse, you entrusted me with a sacred mission: to convince him or her that he/she is loved and lovable. When I am tempted to take my spouse for granted, to skimp on affirmation or to hold onto a hurt, help me to remember what lengths you went to for me. Then help me to give myself as generously to my spouse as you gave yourself for me.*

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## THIRD STATION

*Jesus falls the first time*

**Jesus has not slept or eaten. He has lost a lot of blood. His heart is broken from the betrayal of his friends. Under the weight of the cross he falls, but his mission is not complete, so he gets back up.**

*Jesus, I start out with such great intentions on ways I plan to show my spouse my love, whether it's conquering a bad habit, or being more grateful, or any number of things. Then things get busy at work or the kids are crazy, and before I know it, I've blown it! Even in your great suffering, you are teaching me.*

*My mission isn't done here.  
Help me get up and start again.*